

*Below is the most recent guidance we will be using based on suggested guidelines from the State of Connecticut to plan our COVID mitigation efforts for the coming school year. They have been adapted specifically for our program.*



### **TEST-MASK-GO**

Students and staff with mild respiratory disease symptoms (e.g., infrequent cough, congestion, runny nose, sore throat, etc.) have the option to continue participating in-person provided:

- they are fever-free ( $< 100^{\circ}\text{F}$ ) and feel well enough to participate
- they do not live with anyone who has had COVID-19 in the past 2 weeks
- they must wear a mask consistently and correctly in school while symptoms are active
- they test negative for COVID-19 prior to reporting in-person on every day they have symptoms, as well as one final test on the morning their symptoms have completely resolved.

Individuals who have any respiratory disease symptoms **are not eligible** for the Test-Mask-Go strategy if:

- they have a fever ( $\geq 100^{\circ}\text{F}$ ) or feel feverish (they should not report in-person until their fever has resolved for at least 24 hours without the use of medication)
- they live with a person who recently tested positive for COVID-19 (within the past 2 weeks)

Instead, these individuals should stay home until their symptoms resolve and test for COVID-19. Anyone testing positive for COVID-19 should complete isolation.

**In all cases AND for known exposures, families and staff should contact nursing at 203-266-8056 for guidance around symptoms and testing.**

**Arch Bridge School and Wellspring will continue to monitor state and community levels and may need to adjust our policies dependent on transmission status.**