



Founded in 1977, Wellspring recently celebrated their 30 year anniversary.

About Wellspring

Wellspring is a nonprofit psychotherapeutic and educational center dedicated to healing through relational approaches. Our peaceful woodland setting provides a healing environment where clients can feel safe to face their issues and challenges, to problem-solve, and eventually return to home, school, and community as emotionally healthy and productive citizens.

Wellspring's professional staff includes:

- Board Certified Psychiatrists
- Psychologists
- Pediatrician
- Internist
- Registered and Practical Nurses
- Clinical Social Workers
- Counselors including Marriage and Family Therapists
- Milieu Counselors
- Consulting Dietician, Pharmacist, and other physicians.

Programs and Services:

- Children's Residential Program
- Adolescent Girls Residential Program
- Adult Residential Program
- Group Home Residential Program
- Arch Bridge School
- Outpatient Counseling Services
- Wellspring Institute

For more information please call 203-266-8000 or visit our website at www.wellspring.org.

Richard Beauvais, PhD
Co-Founder

Phyllis Beauvais, PhD
Co-Founder

Harvey I. Newman, MSW
Chief Executive Officer

wellspring



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Wellspring is accredited by JCAHO, licensed by the State of Connecticut and approved by the States of New Jersey and New York.

Programs and Services



wellspring

Nurture • Educate • Heal



Wellspring's natural surroundings provide a background for healing.



Our home-style atmosphere includes daily life activities like cooking, homework, and chores.



Classes at Wellspring's Arch Bridge School are small and geared to the individual needs of each student.



Residents learn to trust and be trusted in our Land and Animal Program.

Children's Residential Program: A seven bed family friendly coed therapeutic residential program for children ages 8-12. Clinically and psychiatrically supervised with 24-hour nursing coverage this program works with children who have a wide variety of diagnoses along with school and family related issues. This program provides children and families the opportunity to learn effective relational skills, form or restore positive emotional connections, and actively participate in the experiences of nurturing, playing, and working.

Adolescent Girls Residential Program: A nineteen bed residential program for girls ages 13-18. Designed as a therapeutic community model, this program treats a wide range of emotional, family and behavioral problems, including but not limited to: mood disorders, disruptive personality traits, anxiety and post traumatic stress disorders, non-acute eating disorders and substance abuse as a secondary diagnosis. Parents and families are welcomed into a partnership during the treatment process to work with their children toward family reunification.

Adult Residential Program: A ten bed coed residential program for individuals age 18 and over. This small therapeutic community combines sophisticated psychotherapy and treatment within a homelike supportive environment that can serve as an often needed step between hospital and home or independent living. This program is appropriate for adults with a wide range of mental health diagnosis as well as those dually-diagnosed and in recovery.

Group Home Residential Program: A five bed coed residential program for children ages 5-9 who are referred by the Department of Children and Families. This therapeutic group home offers a 24/7 home-like milieu with a highly structured clinical treatment program that creates a physically, emotionally and psychologically safe environment for children with complex behavioral health needs.

Arch Bridge School: A coed therapeutic special education program that provides educational services to day students from local school districts and residents of Wellspring's programs in grades 3 through 12. Students are instructed with a curriculum that follows the standards of both Connecticut and New York. The High School offers a college preparatory level of work with the structured supports of a special education environment. The fundamental approach of the school program is to develop a personal relationship with each student. Emphasis is placed on providing a positive learning experience, resolving school related issues, and preparing the student to return to his or her school with the ability to function successfully.

Outpatient Counseling Services: With two convenient locations, Wellspring's outpatient counseling services provide therapies that address emotional and psychological issues such as: anxiety, mood disorders including depression, stress and adjustment issues, interpersonal relationships, school problems of adjustment and performance, attachment difficulties, eating disorders, and working through trauma and loss.

Wellspring Institute: As the teaching and training arm of Wellspring, the Institute provides consultation and training for mental health agencies and providers, school systems, and parent groups. Clinical in-service presentations, consultation for program development, parent education, communication and conflict resolution skills for couples, emotional expressive work, Jungian studies, and individual case consultation are among the services offered.

Wellspring's peaceful woodland setting provides a healing environment where clients can feel safe to risk new ways of relating to themselves and to others, to face their issues and challenges, to problem-solve, and to work together with their families to establish healthy and meaningful lives.