

Angelus House at wellspring

A safe and nurturing environment

Young adults and adults turn to Angelus House with a wide range of psychiatric and psychological disorders, including post traumatic stress, personality, eating and mood disorders, as well as those who are dually diagnosed with substance abuse in remission. Our therapeutic approach is based on the belief that beneath each person's sadness, anger, pain and stress lies an injured self that lacks the foundation of trust necessary for building healthy relationships. Our relational treatment model addresses the injury with both nurturance and structure to reactivate each person's ability to grow in a meaningful way.

Angelus House offers residential treatment with step-downs into day treatment and outpatient programs.

- Individual Therapy
- Family Therapy
- Group Therapy
- Art Therapy
- Recreation Therapy
- Adventure Therapy
- Land and Animal Assisted Therapy
- Yoga
- Alcoholics Anonymous
- Psychiatric Assessment
- Nutritional Assessment
- Medication Monitoring
- Individualized Treatment Programming
- Discharge Planning

*** All treatment modalities are included in the daily rate.**

Staff at Angelus House includes a Board Certified Psychiatrist, Registered and Practical Nurses, Licensed Clinical Social Workers, Psychotherapists, Milieu Counselors, and a Consulting Nutritionist .

*"I thank you... for giving me the support, care, and knowledge to do some very much needed growing. This thanks does not come only from me, but also my family and friends that have seen me return to the person they knew and loved, and the person I enjoy being and want to be..." ***

*** Testimonial from a former client*



Wellspring is accredited by JCAHO and licensed by the State of Connecticut.

For more information please call Nancy Thurston at: 203-266-8002 or visit us online at www.wellspring.org.